

REALLY SMALL KIDS

Jars of baby food 50p Jam sandwich (v) £ 1.95 Fresh fruit 50p

SIDE ORDERS

Chips	£ 2.50	Cheesy Chips	£ 2.95
Side Salad	£ 1.95	Coleslaw	£ 1.50
Locally made bread	£ 1.50	Onion Rings	£ 2.25
Stilton Sauce	£ 1.95	Pepper Sauce	£ 1.95
Portion of Vegetables	£ 2.50		

BAGUETTES AND SANDWICHES

Tuna Mayonnaise and cucumber	baguette £ 4.95	sandwich £ 3.95
Mature cheddar and farmhouse pickle (v)	baguette £ 4.50	sandwich £ 3.95
Prawn and seafood sauce	baguette £ 6.50	sandwich £ 5.95
Gammon ham with or without mustard	baguette £ 4.95	sandwich £ 3.95
Hot bacon and melting brie	baguette only £ 5.95	
Steak and fried onion	baguette only £ 6.95	

All served with salad garnish or add some chips for a quid!

Sandwiches served on brown or white bread

PLOUGHMANS

Tangy cheddar cheese (v)	£ 6.95
Gammon Ham	£ 6.95
Tangy cheddar cheese and Ham	£ 6.95
Mixed Cheese (v)	£ 6.95

All served with pickle, onions, piccalilli, whole apple and locally made bread

(v) Suitable for vegetarians.

Some fish products may contain small bones.

Some of our dishes may contain traces of nut.

All prices are inclusive of VAT. All items are subject to availability.

THE HORSE & GROOM MENU

Food served from 12.00pm – 9.00pm everyday
(limited menu between 2.30 – 5.30pm)

Don't forget Sunday is carvery day
the best in the West!!



MAIN ROAD NINGWOOD ISLE OF WIGHT PO30 4NW

TEL: 01983 760672 www.horse-and-groom.com

STARTERS

Crispy coated chicken goujons with coleslaw and BBQ dip	£ 4.95
“Stinky mushrooms” fried in lashings of garlic butter with local bread (v)	£ 4.95
Home made soup with locally made bread	£ 3.95
Deep fried whitebait with smoked paprika and tartare sauce	£ 4.95
Prawn cocktail topped with marie rose sauce served with local bread	£ 5.50
Garlic & herb bread (v) £ 2.95 or topped with brie (v)	£ 3.95

FAVOURITE MEAT DISHES

Beef & local ale pie with a choice of potato and fresh vegetables, served with an extra jug of gravy	£ 9.95
Gammon ham, two free range eggs, chips and tomato relish	£ 8.95
Chicken, ham and leek pie with a choice of potato and fresh vegetables	£ 9.95
Bills locally made sausages with mash and onion gravy	£ 8.95
Chicken korma with rice, naan, poppadom and chutney	£ 8.95

For Steaks see our black board for today's choice

FAVOURITE FISHY DISHES

Homemade Fish pie topped with mash, served with peas	£ 9.95
Freshly battered haddock with chips, peas and tartare sauce	£ 9.95
Breaded whole tail scampi with chips, peas and tartare sauce	£ 9.95
Homemade fish cakes on a bed of salad with chilli dipping sauce and local bread	£ 9.95

**Please order all your meals at the bar where you will be given an order number
Don't forget to check our specials board for local produce and seasonal specialities**

ABERDEEN ANGUS BURGERS (6oz uncooked)

Plain Jane, plain and Simple	single £ 6.95	double £ 8.95
Cheesy Jack, topped with Monteray jack sauce	£ 7.50	£ 9.50
Porky Cheesy Jack, as above with bacon	£ 7.95	£ 9.95
Stinky Pete, topped with stilton	£ 7.95	£ 9.95
Barn door special, triple burger with cheese, bacon & egg		£ 12.95
Veggie patch burger (v)	£ 6.95	£ 8.95

All burgers are served with fries, salad garnish and burger sauce on the side

VEGETARIAN DISHES

Leek and Caerphilly cheese crumble served with local bread (v)	£ 8.95
Roasted vegetable lasagne served with local bread (v)	£ 7.95
Cheese and mushroom omelette with fries and garnish (v)	£ 7.95
Pasta with roasted vine tomato and herb sauce, served with local bread (v)	£ 7.95

SMALLER APPETITES AND KIDS

Two egg cheese omelette and fries (v)	£ 3.95
Pasta topped with tomato and herb sauce (v)	£ 3.95
Battered haddock, chips and peas	£ 4.95
Chicken korma with rice and naan	£ 4.95
Roasted vegetable lasagne served with local bread (v)	£ 4.50
Chicken, ham and leek pie with fresh vegetables or fries	£ 4.95
Homemade Fish pie topped with mash, served with local bread	£ 4.50
Breaded whole tail scampi with chips and peas	£ 4.95

Kiddies – don't forget to ask for your goodie bag!

Feeling Indulgent - why not try one of our tasty desserts, see our blackboard for today's selection. And to finish off your meal try one of our speciality coffees or liqueur coffees.